

the **TORCH**

1st Issue, 2023

53 YEARS OF EXCELLENCE,
PASSION AND COMMITMENT

Fifty three years ago, Capitol Medical Center opened its doors to the public in June of 1970. It was initially only a single 8 - storey building along Scout Magbanua street Panay Avenue.

The visionary who began this project was Dr. Thelma Navarrete-Clemente, a woman with plans, ambitions, and abilities far beyond what was normally expected for a woman in those times. Aside from being a good clinician, she was a pioneer in the field of hospital administration too, becoming not just the head of Capitol Medical Center, but of the Philippine Hospital Association as well. She steered CMC into the next few decades, growing the center into one of the biggest and best hospitals in Metro Manila.

53 
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A Message From The President

Today marks a significant milestone as Capitol Medical Center celebrates 53 years of providing exceptional healthcare. We have grown to become a leading healthcare institution in the nation, a testament to the dedication of our leaders, Board of Directors, and our committed medical team and staff. While we take immense pride in our past achievements, our journey is far from complete, especially in the ever-evolving landscape of healthcare. The demand for agile and responsive quality care delivery has never been more crucial. With unwavering determination and a clear vision, we embrace the challenges that lie ahead, and we will confront obstacles head-on as they present themselves.

In our journey, we humbly express our gratitude to the Almighty for His unwavering guidance and kindness, which have served as our constant sources of inspiration and strength. With unshakable confidence, we renew our commitment to excellence, carrying forward the torch that our predecessors have entrusted us with.

Our success and the advancement of our mission have been made possible by the contributions of countless individuals. We extend our heartfelt gratitude to all who have played a role in our achievements. Together, we will continue to raise the bar in healthcare, ensuring our community receives the exceptional care they deserve, right here at Capitol Medical Center.

Maraming Salamat po.



Ms. Victoria Lorelie M. Tan
President



Dr. Jorge T. Logarta, MMHA, PSGS, PCS
Medical Director

A Warm Welcome to Our New Medical Director

As Capitol Medical Center turns 53, it welcomes its new Medical Director, Dr Jorge Logarta. A surgeon by profession, Dr. Logarta has been part of the CMC family since 1986 when he trained in the Surgery Department, serving as the Chief Resident in his senior year. He went on to become one of the esteemed consultants of the department, eventually becoming its Training Officer in 2002 then its Chairman in 2015.

Indefatigable, Dr. Logarta went on to do further studies he completed his Masters in Medical Management, Major in Hospital Administration from the Philippine Christian University in 2019.

Under his leadership, Dr. Logarta hopes to be able to continue the brand of good patient care that Capitol Medical Center is known for. More efficient hospital systems, staff recruitment, implementing regulations, improved communication, and keeping updated on the latest medical trends are just some of the things on his agenda for CMC.

We are all looking forward to fruitful years ahead under your leadership, Dr. Logarta!

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*Right Care,
Right Here.*

Inauguration of Multispecialty Center. Photo shows: (L to R) Dr. Jorge T. Logarta, Medical Director; Ms. Victoria Lorelie M. Tan, President; Dr. Realiza C. Henson, Board Director, QC Hall Representatives, District 4, Action Officer Alberto Flores and Dr. Dave Anthony A. Vergara, QC Chief Healthcare Operations Officer; Ms. Carmina C. Desales, Vice-Chairman and Mr. Rhais M. Gamboa, Chairman, Executive Committee



CAPITOL MEDICAL CENTER, INC.

Unveils Cutting-Edge Multispecialty Center in Quezon City

By Faridah A. Vicerra

Capitol Medical Center, Inc. (CMCI) officially inaugurated and opened its state-of-the-art Multispecialty Center, conveniently located along Quezon Avenue, Quezon City. This momentous occasion marks a significant milestone in CMC's dedication to providing comprehensive healthcare services to the community.

The CMC Multispecialty Center has been meticulously designed to provide a wide range of essential outpatient services under one roof, offering unparalleled convenience for patients. The facility boasts a comprehensive array of diagnostic services, including Laboratory, Radiology, and NICV procedures, ensuring that patients have access to the latest advancements in medical technology.

One of the hallmarks of the CMC Multispecialty Center is its commitment to specialized care. The facility is home to several specialty clinics, each dedicated to enhance the well-being of patients. From Bone & Joint Care to Child Development, Fertility, Memory, Pain Management, and Pediatric specialties in Neurology, Hematology & Oncology, Allergology & Immunology, Cardiology, Endocrinology, Nephrology, and Infectious Diseases, CMC ensures that all aspects of your health are covered with the highest level of expertise and care.

CMC takes great pride in presenting its newly renovated Hemodialysis Center, reaffirming its commitment to provide essential services for those in need. The Hemodialysis Center reflects CMC's unwavering dedication to offer critical healthcare solutions to the community.

The CMC Multispecialty Center's inauguration signifies a new era of healthcare excellence in Quezon City. With its cutting-edge facilities, expert medical staff, and dedication to patient care, CMC remains steadfast in its mission to provide accessible, top-tier healthcare to the community.

For more information about the CMC Multispecialty Center and its services, please visit www.capitolmedical.com.ph or contact CMC Care Concierge at 83723825 local 2200



Leaving a Legacy:

Celebrating Dra. Thelma Clemente in 2023

By Dr. Cecile Clemente-Ocampo

On October 11, 2022, on what would have been my grandmother's 101st birthday, two significant events occurred: the blessing of the brand new CMC Colleges building along Quezon Avenue and the opening of the new Legacy Wall (in the walkway between CMC IV and MAB).

It was definitely a day of celebration, a joyful reminder that the worst of the pandemic was finally behind us and a signal that we could collectively move forward into a very promising future.

That a new building for the CMC Colleges (housing our Nursing, Rad Tech and Med Tech courses) was actually built during the pandemic is a testament to the resiliency of CMC as an institution, as well as the strength of the commitment of the CMC/Mount Grace partnership.

What started as one woman's dream continues to grow 53 years later. It began with a grand vision of putting up a Tertiary hospital in Quezon City. Dra. Thelma was someone who always got things done, and with the help of investors who believed in her goal (mostly relatives and friends), she gradually brought this aspiration to life. She and my grandfather Papa Luis bought the first lot CMC is standing on and mortgaged their own house as collateral for a loan to build the original building.

Everyone who has encountered Dra. Clemente marvels at her energy. She was a trailblazer, a woman who never sprouted feminist jargon yet was comfortable working and achieving in male-dominated fields. Her 30-page resume is a testament to her work ethic- Founder, Chairman and President of Capitol Medical Center, 12-term President of the Philippine Hospital Association and first woman President of the Asian Hospital Federation. Her numerous awards (as seen in the Legacy Wall) pay tribute to her dedication and commitment to her professional endeavors.

Her formula for success relied heavily on hard work. She never retired- even at 95 years old she continued to be actively involved in the management of her beloved CMC. She had a genuine passion for her

vocation, a singleminded determination to pursue her goals, and the discipline and commitment to make the difficult daily choices to achieve those objectives.

Through the pandemic years, as Capitol Medical Center and the CMC family faced the challenges the lockdowns entailed, I remembered my grandmother as I walked through the quiet halls of the hospital. I recalled her stories of the war years in PGH, where as a medical student she lived on campus and tended wounded soldiers in the ER, suffered the shortages of food and supplies, and faced the numerous dangers war entailed. Her courage lifted me up and carried me through the rigors of the pandemic. The Legacy Wall is a daily reminder of her faith in the face of adversity, and proof that we too, can overcome Life's obstacles with God's help.

Dra. Thelma was always aware of her own mortality, always conscious of her legacy. She lived a full life





and achieved success without compromising her values. She fulfilled God's purpose and plan, and was a good steward who bore much fruit.

From where I stand I see her clearly-- who she was, what she stood for, and what she sacrificed to get there. She was an extraordinary woman who has lived an extraordinary life and like all of you who have known her, I am grateful and blessed to have spent time with her.

In 2023 Dra. Clemente's legacy continues to grow. As part of the Mount Grace group of hospitals, Capitol Medical Center is in a good position to face the numerous challenges ahead. Her legacy also lives on in the lives she touched- the many doctors, hospital and administrative staff who remember her and her accomplishments, as well as the many people who admired and loved her. We are all better people for having known her.

Though it has been 6 years since the mighty eagle has flown home, I know that she still keeps watch over beloved CMC and the people who work there. Walking past the Legacy Wall is a daily reminder of how God can use our lives and our "time, talent and treasure" as instruments of His will.

Over the years, CMC has built 3 more buildings, an auxiliary outpatient center, and a college for nursing, medical technologists, physical therapists and radiologic technologists. It established itself as one of the leading medical centers, with a name that is synonymous with good patient care. In keeping with the modernization of medical care, CMC has acquired the technology needed to bring these new diagnostic equipment and treatment options to its patients.

CMC continues to take pride in its doctors, all graduates of prestigious medical schools and products of major training institutions here in the Philippines and abroad. Specialists and subspecialists from all branches of medicine are part of its ever-growing roster of physicians.

Now in its 53rd year, CMC is looking forward to expanding further, improving existing facilities and continuing its brand of patient care that patients rave about.



DEPARTMENT SPOTLIGHT:

The Adult Cardiology Fellowship Program of Capitol Medical Center

Cardiovascular diseases continue to be a significant health concern worldwide, necessitating the expertise of skilled cardiologists. At Capitol Medical Center, a renowned healthcare institution in the Philippines that is committed to deliver excellent patient care and advanced medical education, the fellowship program for Adult Cardiology was born in 2021. This comprehensive program not only equips aspiring cardiologists with the necessary skills and knowledge but also cultivates a culture of innovation and patient-centered care.

The Adult Cardiology Fellowship program of Capitol Medical Center started amidst the worldwide COVID 19 pandemic. The program was pioneered by two 1st year fellows – in – training, guided by the Adult Cardiology consultants of Capitol Medical Center. Despite several lock downs, continuing surges of the infection and government restrictions, the fellowship training continued and provided adequate cases for the first year fellows. They have provided an additional back-up in providing excellent care for the patients of Capitol Medical Center during the pandemic.

The program offers a comprehensive and diverse training experience spanning three years. The focus of the training is to provide and enhance its fellows in clinical competence in a wide range of cardiovascular conditions, both common and rare. Under the tutelage of Dr. Joselito Atabug and colleagues, fellows-in-training will be provided with guidance and knowledge to be a competent, committed and compassionate cardiologist in the Philippines.

Now in its third year of existence, the Adult Cardiology Fellowship program has already provided several activities and programs for the betterment of the patients and fellow cardiologists. First, the fellows already had several lay fora for patients seen in a partner government institution focusing on the common cardiovascular diseases like hypertension, dyslipidemia and myocardial infarction. Second, the program also completed a Post-Graduate Course concentrating on the upcoming cardiovascular concern on Cardio-Oncology. Also, the training program is also planning to provide quality healthcare and resources for the less fortunate cardiovascular patients of Capitol Medical Center. The program aims to provide discounted rates of diagnostics like coronary angiogram, transesophageal echocardiography and pharmacologic stress tests for indigent patients. The projects and programs of the Adult Cardiology Fellowship is an opportunity for the fellows to learn and provide compassionate and competent care for any patient.

The Adult Cardiology Fellowship Program at Capitol Medical Center stands as a testament to the institution's commitment to provide competent and compassionate cardiovascular care and education. By offering a well-structured curriculum and comprehensive clinical experience, the program prepares fellows to become well-rounded cardiologists. The comprehensive training, combined with a patient-centered approach, equips fellows to address the evolving challenges of cardiovascular diseases and contribute to the advancement of adult cardiology. Through their experiences at Capitol Medical Center, fellows embark on a transformative journey, shaping the future of cardiovascular care one patient at a time.

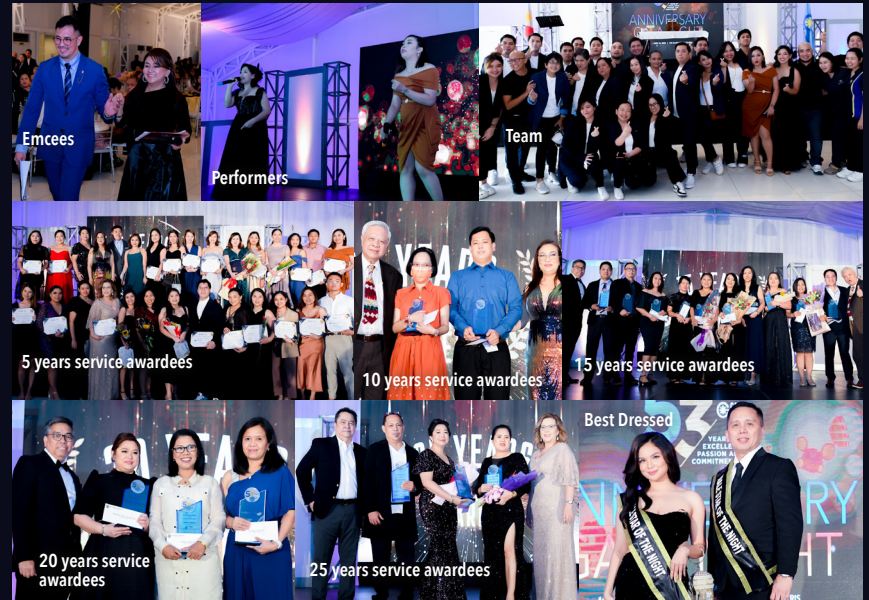


The Medical Staff Anniversary

GALA NIGHT



Celebrating a Legacy of Dedication: CMC's 53rd Anniversary Employees' Service Awards



The icing on the cake for the 53rd anniversary celebration of Capitol Medical Center was the much awaited gala night for the medical staff, held at Novotel in Araneta City. It had been three long years and everyone was excited to see each other again in an evening that promised fun and camaraderie.

The evening was opened by our dedicated and hard-working President, Mrs. Victoria Tan. This was followed by a message from Mr. Rhais Gamboa, the Chairman of the Executive Committee and CEO of the Mount Grace Group of Hospitals. Medical Staff awardees were given plaques of recognition. Our beloved medical director, Dr. Jorge Logarta, also gave the closing remarks.

A live band played in the background as raffle prizes were awarded. Doctors and their guests enjoyed the sumptuous dinner, the fun photo booth and the music. There were special performances by the medical staff, led by the one and only Dr. Max Elgar, bringing the house down with their groovy dance moves. The rest of the evening was spent catching up on each other, singing, and more dancing. It was indeed a long overdue event.

The bustling atmosphere of celebration filled the Elements Eton Centris in Quezon City on June 16, 2023, as CMC marked its 53rd Anniversary with a spectacular Employees' Service Award Gala Night. The event was a testament to the commitment and dedication of the company's workforce, with 68 employees being recognized for their unwavering service. Led by our President Ms. Victoria Lorelie M. Tan and the Director of Nursing Division Ms. Norielee Magsingit, both marking their fifth year of service, the evening was a memorable affair filled with camaraderie and acknowledgment.

The heart of the celebration was the recognition of employees who have demonstrated remarkable loyalty and commitment to CMC. A total of 96 employees were honored, representing milestones of 5, 10, 15, 20, 30, and 35 years of dedicated service. The prestigious event was graced by employees adorned in formal attire, showcasing the company's commitment to professionalism and excellence. The Employees' Program was not just a ceremony but a lively event, featuring song and dance performances by CMC employees. In addition to honoring service milestones, CMC added a touch of glamour by awarding the "Best Dressed" accolade. This prestigious honor was bestowed upon a distinguished man and woman whose attire exemplified sophistication, style, and a keen sense of fashion.

CMC 2023 Family Day

By: Ms. Jill Leslie Ong

CMCI celebrates its 53rd year Family Day on June 4, 2023 at the grounds of Gen. Roxas Elementary School. 2023 marks a special year after a 3-year hiatus of this celebration due to the pandemic. It was a day full of fun, laughter, games and excitement from the raffle prizes. Attended by almost 350 employees and doctors, it was indeed a day to be remembered.

TikTok dance challenge reached new heights from the participation of different divisions, the Nursing Service, Finance, Medical Service and the Champions of the day, the Ancillary Division!! They set the bar high and came out on top.

End Note

At the end of the day, our tummies were full and our hearts were brimming with wonderful memories. An inspiring message from our President, Ms. Victoria Lorelie Tan, made this event even more special. The family day will surely be a much-anticipated event in the coming years.



Becoming a Critical Care Nurse...

By: Roanne Faye B. Patoc, RN

My journey toward becoming a critical care nurse has been nothing short of challenging, inspiring, and gratifying. Becoming a critical care nurse is not for the faint of heart; it requires dedication, unwavering commitment, and an unquenchable thirst for knowledge and improvement.

When I embarked on this journey to be trained at the Philippine Heart Center, it took me a while to decide because I knew that the road ahead would be challenging, given the degree of pressure that I, along with Giselle and Justice, must bear to represent the entire institution. Adding to this is its exemplary record of former nurses who completed the course with flying colors. However, I agreed, not because I aspire to be one of the nurses who will excel but because I want to make a difference in the lives of my critically ill patients. Moreover, I decided to seize this once-in-a-lifetime nursing career opportunity. I am confident it will open doors for professional growth and will enable me to become a bearer of knowledge. I have envisioned every nurse, especially novice, to be globally competent, proficient, and trustworthy.

Yet, little did I know that this simple vision for myself and the nursing community inspired me to aim for greater heights. Out of the 45 participants from all over the Philippines, I never imagined being on the list of top-performing nursing trainees. My only desire was to complete countless complex tasks throughout the course. In this case, I cannot provide a concise, direct response to questions about how I earned such recognition, but I can walk you through how I handled this nerve-wracking experience I thrust myself into.

1 Systematic: Being provided with a timetable for the entire six-week training program was beneficial. This framework served as my guide in helping me prioritize specific activities at particular times, especially when preparing for exams. I believed this skill was shared by many nurses. When caring for patients, we set goals and perform activities based on their immediate needs.

2 Self-Discipline: Although I rarely procrastinate, one effective way to stay on track is to question my intentions, why I want to achieve something, and my purpose for pursuing a goal. These questions helped me stay focused, motivated, and consistent in my learning efforts.

3 Passion: My enthusiasm for my profession is one of the character traits I am proud to possess. Passion significantly impact the quality and success of your efforts. When you are passionate about your work, you will become more motivated and driven to excel. Your enthusiasm and commitment push you to go extra mile, invest effort, and view challenges as opportunity to learn and grow, rather looking it as insurmountable roadblocks.

4 Rest: For someone who consistently puts so much effort, finding time to rest or knowing when to take a break is essential. Remember that rest is not a hindrance to productivity but vital for achieving success. As I firmly experienced during my six-week training course, getting sufficient rest helped me function effectively and efficiently during hospital exposure, think critically, and absorb essential information during discussions.

5 Mentorship and Networking: Throughout the program, I sought mentorship from experts in the critical care field, learning the best practices from their experiences in the ICU setting. In addition, initiating connections opened up opportunities to meet new people and improve my interpersonal skills. The guidance from these individuals helped me navigate challenges and make informed decisions, especially during life-and-death situations.

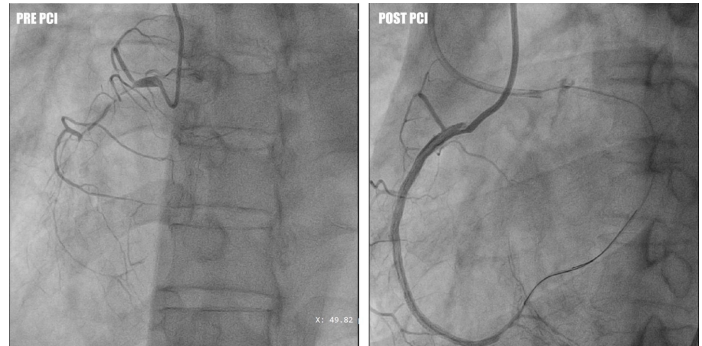
These transformative weeks of training to become a top 2 critical care nurse were marked by a tireless pursuit of excellence, continuous learning, and unwavering dedication to patient care. I am deeply grateful for the unwavering support of my supervisor, IMD managers, colleagues, and, most importantly, the patients who entrusted me with their lives. As I continue on this incredible journey, I am committed to pushing the boundaries of what is possible in critical care nursing and making a lasting impact in the lives of those in need.



CMC's Cardiac Team and Japanese Specialist Collaborate on Chronic Total Occlusion

By Julien Dominic P. Torio, MD, FPCP

Significant coronary artery disease is a problem worldwide which affects all people in every country. There are simple coronary occlusions and there are complete coronary occlusions like chronic total occlusion. Chronic Total Occlusion is a complicated and challenging procedure in the field of interventional cardiology. CTO is the complete blockage of the coronary arteries which can lead to several cardiac adverse consequences. This common and significant condition is affecting several patients worldwide affecting their everyday lives. Performing complex lesions like CTOs entails training, talent and experience. Last October 5, 2023, Terumo sponsored a workshop in performing a CTO lesion in a patient of this institution. The team was led by Dr. Yoshiaki Ito and was assisted by Dr. Ramoncito Tria and Dr. Mark Gavin Garcia. Dr. Ito is currently the Director of the Cardiovascular Center of the Saiseikai Yokohamashi Tobu Hospital in Japan. He specializes in emergent cardiology, intravascular imaging and coronary interventions including CTO lesions. Dr. Mon Tria is an active consultant in Capitol Medical Center and Chairman of the Department of Medicine. He is also the Head of the Invasive Laboratory in Philippine Heart Center. Dr. Gavin Garcia is one of the upcoming Interventional Cardiologist in the institution and also an active consultant in Capitol Medical Center. Intraprocedurally, there was difficulty in cannulating the lesion but thankfully due to the skill full hands of Dr. Ito the wire went through and they have



proceeded in opening up the artery. The operators successfully crossed and stented the CTO in the right coronary artery where the procedure lasted for almost 8 hours. The patient tolerated the procedure well and was sent home after 3 days. Performing a successful intervention on a CTO lesion can potentially improve the quality of life and provide better long-term outcomes for patients with significant coronary artery disease. Not all operators are capable of performing such complicated procedures. It must be remembered that practice and experience are still the best teachers to make seemingly complicated procedures to be a simple one. Life provides the opportunity for every individual to be more and to live more.

In a recent medical milestone at Capitol Medical Center (CMC), a team of esteemed cardiologists, including Dr. Vergel Quiogue, Dr. Ramoncito Tria, and Dr. Gavin Garcia, collaborated with Japanese specialist Dr. Yoshiaki Ito to perform a groundbreaking chronic total occlusion procedure. Behind this remarkable procedure, CMC's Cardiac Nurses, led by Ms. Carmelette Manongsong, provided essential support, ensuring the success of the operation. The photo captures the expertise and teamwork behind this significant medical achievement, showcasing the commitment of CMC's medical professionals to advance cardiac care and improve the lives of their patients.



Elevating Patient Care with Continuous Improvements and Enhanced Services



Raising the Standard of Emergency Care

CMCI purchased a new ambulance unit equipped with cutting-edge emergency facilities. From Advanced Life Support (ALS) equipment to state-of-the-art communication systems, our upgraded ambulance ensures top-tier patient care during transit. With features like patient monitoring, ventilation support, and infection control measures, we are dedicated to effectively responding to emergencies and providing the highest quality of care.



Bringing Healthcare to You

Our mobile clinic for home and corporate needs offers a convenient and versatile solution, delivering medical procedures directly to individuals and workplaces. From vaccinations to chronic disease management, we prioritize preventive care and tailor our services to community needs. With features like telemedicine integration, flexible scheduling, and emergency response capabilities, we're committed to enhancing access to healthcare services and promoting well-being.



CMC's Commitment to Care

Undergoing a total facelift, our Emergency Room is being revamped to elevate efficiency, comfort, and overall care quality. Amid this transformation, we've temporarily relocated to CMC 2 Building, ensuring uninterrupted access to emergency services. This upgrade embodies our dedication to patient well-being and positions us at the forefront of healthcare excellence, encompassing not just infrastructure but also the commitment of our staff, technological advancements, and a culture of innovation and compassion.



Embracing Change

The redesigned patient waiting areas on the 10th and 11th floors reflect our commitment to evolving healthcare needs. A space reimagined for comfort and well-being.



The CMC 5 Driveway

We've renovated it to ensure the safety of our medical team. We want them to have a workplace that not only looks appealing but also guarantees their safety. Our aim is to establish a space that is both visually appealing and secure, emphasizing our commitment to creating an excellent environment for everyone.



New administrative Offices at CMC 2 Bldg.

Two floors are now exclusively dedicated to offices designed for a more conducive and collaborative workplace environment. Mezzanine: Operations Division (HR, Admin Services, Supply Chain & Bus. Devt.); 3RD Floor: Finance Division & Office of the President 4th Floor: Nursing Service & Medical Service Division



Elevating our Identity

CMC's branding initiative comes to life through thoughtful details—distinctive building IDs, welcoming Nurse Stations, strategic wayfinders, and polished corporate stationery. Every element reflects our commitment to a cohesive and impactful brand presence.

At CMC, we believe in giving back

As part of our corporate social responsibility, the Business Development and Marketing Unit, in collaboration with the Department of Ob-Gyne and Department of Medicine, and with the participation of CMC Colleges by providing student nurses has been busy with medical missions over the past months. We've been reaching out to different barangays and public school around the vicinity of CMC to make a positive impact on the health and well-being of our community. The following barangays and school that were visited are Brgy. West Triangle, Gen. Roxas Elem. School, Brgy. Roxas, Brgy. Tatalon, and Brgy. Paligsahan.



Kaagapay sa Kalusugan: CMC Celebrates Founder's Birth Month with Unilab Partnership

October holds special significance at CMC as it marks the birth month of founder Dr. Thelma N. Clemente. In collaboration with Unilab, October 11 was dedicated to employee wellness, named 'Kaagapay sa Kalusugan.' CMC employees enjoyed a day of free services – haircuts, massages, meals, and vitamins – generously sponsored by Unilab. The event, a blend of joy and wellness, celebrated the founder's legacy and emphasized the shared commitment to health within the CMC community.

Sweet Appreciation: MDs Celebrating

As a heartfelt gesture of gratitude, the management is adding a touch of sweetness to the MD engagement project. Celebrating the birthdays of our dedicated doctors, the initiative involves presenting birthday cakes as a token of appreciation. This simple yet meaningful gesture aims to express gratitude for the unwavering loyalty, love, and dedication that our doctors consistently contribute to their service. Through the gift of birthday cakes, the management seeks to enhance the connection and appreciation for the invaluable role played by our doctors in providing exceptional care.



Dr. ROBERTITO PAOLO B. SINDIONG

Dr. FRANKLIN P. ATENCIO

Dr. CECILIA A. VILLAMOR



did it once again!
By Ms. Carmina Dela Cruz

As part of the ISO 9001:2015 compliance, Capitol Medical Center (CMC) completed the 1st Surveillance Audit conducted by the Certification International last March 30 to 31, 2023.

Among the departments audited were Rehabilitation Medicine, Human Resources, Business Development, Customer Relations, General Nursing Units, Infection Control, Department of Anesthesiology, Department of OB-Gyne, Department of Surgery, and the Top Management.

It was one of the major highlights of the 1st Quarter of 2023, as it signifies CMC's successful establishment of its Quality Management System.

By the 3rd Quarter of 2023, Continuing Quality Information (CQI) spearheaded various activities including the Internal Quality Audit for 2023 which was held from August 29 to September 01, 2023. The CMC President, Mrs. Victoria Tan noted that this hospital-wide quality audit was much better and comprehensive than previous Internal Quality Audits. This, once again, shows our aspirations for continuous improvement of our services.

In addition to maintaining CMC's compliance to the ISO 9001:2015 Standards, CQI also supported the World Patient Safety Day 2023 last September 17, 2023 with the theme "Engaging patients for patient safety", and the slogan "Elevate the voice of patients!".

This activity aims to influence stakeholders including patients, families, policy makers, health care leaders, health workers and patient organizations to work collaboratively towards co-designing health care policies and safety interventions that truly reflect the needs and preferences of patients, ultimately enhancing healthcare safety globally.



Capitol Medical Center, Inc. joins the World Health Organization (WHO) on this momentous occasion

To strengthen its campaign for Patient Safety, there were two activities that were launched for this event.

1) "LIGHT UP A MONUMENT IN ORANGE"

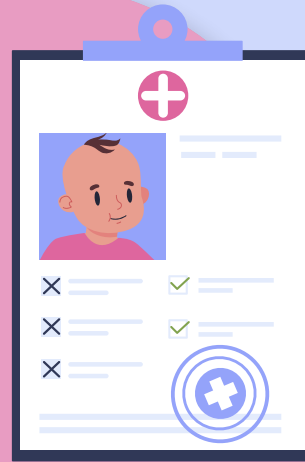
To shine a spotlight on patient and family engagement for safer care across the globe, WHO encourages lighting up of buildings, landmarks, and monuments in orange.

2) POSTER-MAKING CONTEST WITH THE THEME: "ENGAGING PATIENTS FOR PATIENT SAFETY"

There were a total of fifteen (15) posters submitted as official entries which came from different departments. The winners of the Patient Safety Contest are the following: Ericka Dela Cruz from CQI, Rowena Lamar from Business Development and John Patrick Laconsay from Care Concierge. The posters were judged by the Functional Heads from the Mount Grace Hospitals Inc. namely: Ms. Golda Go (Marketing Head), Ms. Maria Liza Gener (Quality Management Head) and Ms. Maria Eden Malaluan (Clinical Quality Assurance Manager).

The awarding for the best posters was held last September 22, 2023 at the CMC 5 Lobby by the Top Management and the Operations Committee Members. Congratulations to our winners!

CMC: A Beacon of Maternal and Child Healthcare



Capitol Medical Center, Inc. (CMCI), recognized as one of the premier hospitals in Metro Manila, plays a pivotal role in the realm of maternal and child healthcare. With a steadfast commitment to promote the well-being of mothers and children, CMCI's Pediatric and Obstetrics-Gynecology (Ob-Gyne) Departments consistently advocate the advantages and benefits of breastfeeding for both newborn babies and mothers.

Breastfeeding is supported by a wealth of scientific evidence for its myriad benefits for both infants and mothers. The Pediatric and Ob-Gyne Departments at CMCI are at the forefront of educating and encouraging families on the positive impacts of breastfeeding, fostering a culture of health and wellness from the earliest moments of life.

CMCI takes immense pride in its designation as a mother-child friendly hospital, highlighting its unwavering dedication to establish a supportive environment for mothers and newborns. This commitment aligns seamlessly with the objectives of World Breastfeeding Week, celebrated annually from August 1 to 7, with this year's theme, "Let's make Breastfeeding and Work, Work!".



The photo taken during the celebration of Breastfeeding Week at the CMC Lobby features the CMCI Breastfeeding Committee, led by its Chairman, Dr. Carla Esquivias-Chua (seated, 2nd from the left). The committee includes Vice Chairman Dr. Raissa R. Chiong, along with the following key personnel: Dr. Jorge T. Logarta, Medical Director (4th) Dr. Maximino Elgar, Assistant Director (3rd) Dr. Roselyn C. Garcia, Chair, Department of OB-Gyn (5th) Dr. Evelyn Fernando, Chair, Department of Pediatrics (6th). This dedicated committee is well-supported by Ob-Gyn and Pediatric consultants, residents, Nursing Director, Assistant Nursing Director, Nursing Managers, and supervisors, all of whom play a crucial role in the promotion and support of breastfeeding during this significant event.

